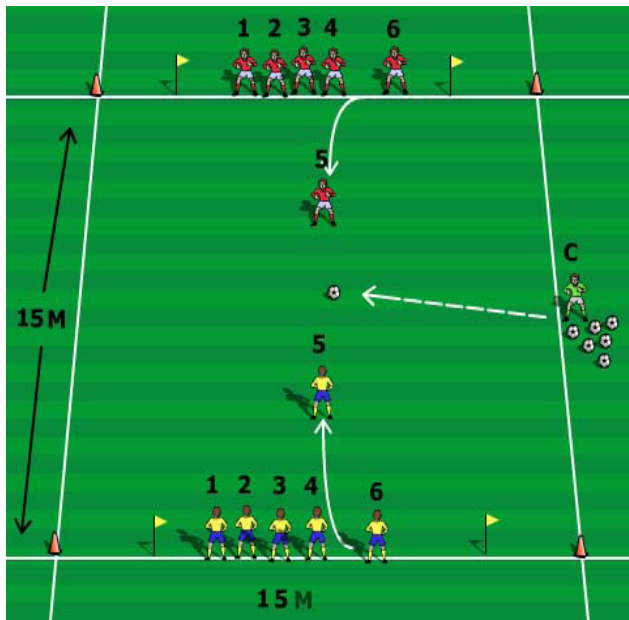


NUMBERS GAME



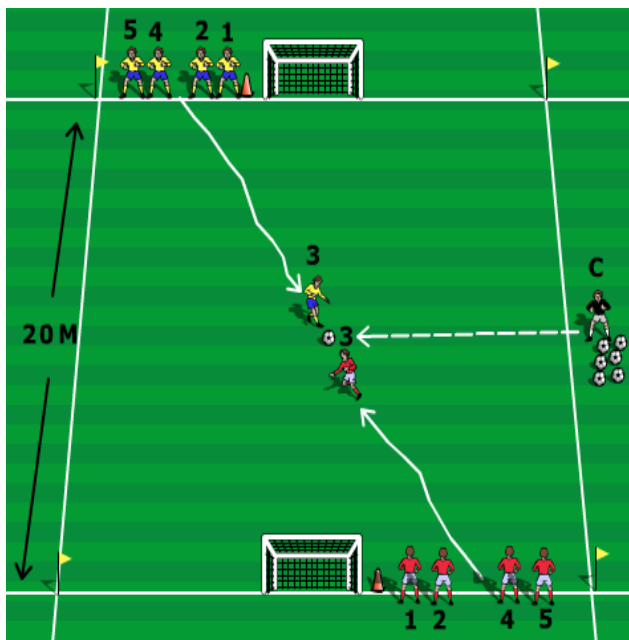
Use the Micros soccer field. Each player gets a number and stands on the goal line.

When the coach calls out a number (eg. "four") and rolls the ball onto the field, the two players with the same number leave the goal line to compete against one another.

Goals must be scored below knee level. Goal keepers must stay on goal line and are not allowed to use their hands.

Variation 1

Exact same game but players line up beside the goal (pug net) with no goalie. Players are encouraged to look for a good opportunity to take a shot. When calling multiple numbers, players are encouraged to look for the "killer pass" so that teammates get a scoring opportunity.



Variation 2

Same as above but players line up behind and wide of the single goal. Coaches serve balls from goal while playing keeper.

Coaching Tips

- Have players compete for 20 – 30 seconds.
- Try calling more than one number to create 2 vs 2 and 3 vs 3 play.
- Have players perform a super move before they are allowed to score.
- When calling multiple numbers, add more than one ball.
- If the ball goes out of play, coaches quickly play another ball in so that the game continues at a good pace.

