

Field Set Up

Category: Fun Games

Length: 01:30 Rec. Players: 120

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Practice Theme/Topic

General Notes

Green =younger group
Red= older group
4 sessions plus a small sided game in the 5th block
- lead coaches stay at session as team moves through
-no more than 12 max per group

Aims & Objectives

N/A

Organisation & Setup

N/A

Coaching Factors & Outcomes

N/A

Adaptation & Progression

N/A

Technical

N/A

Physical

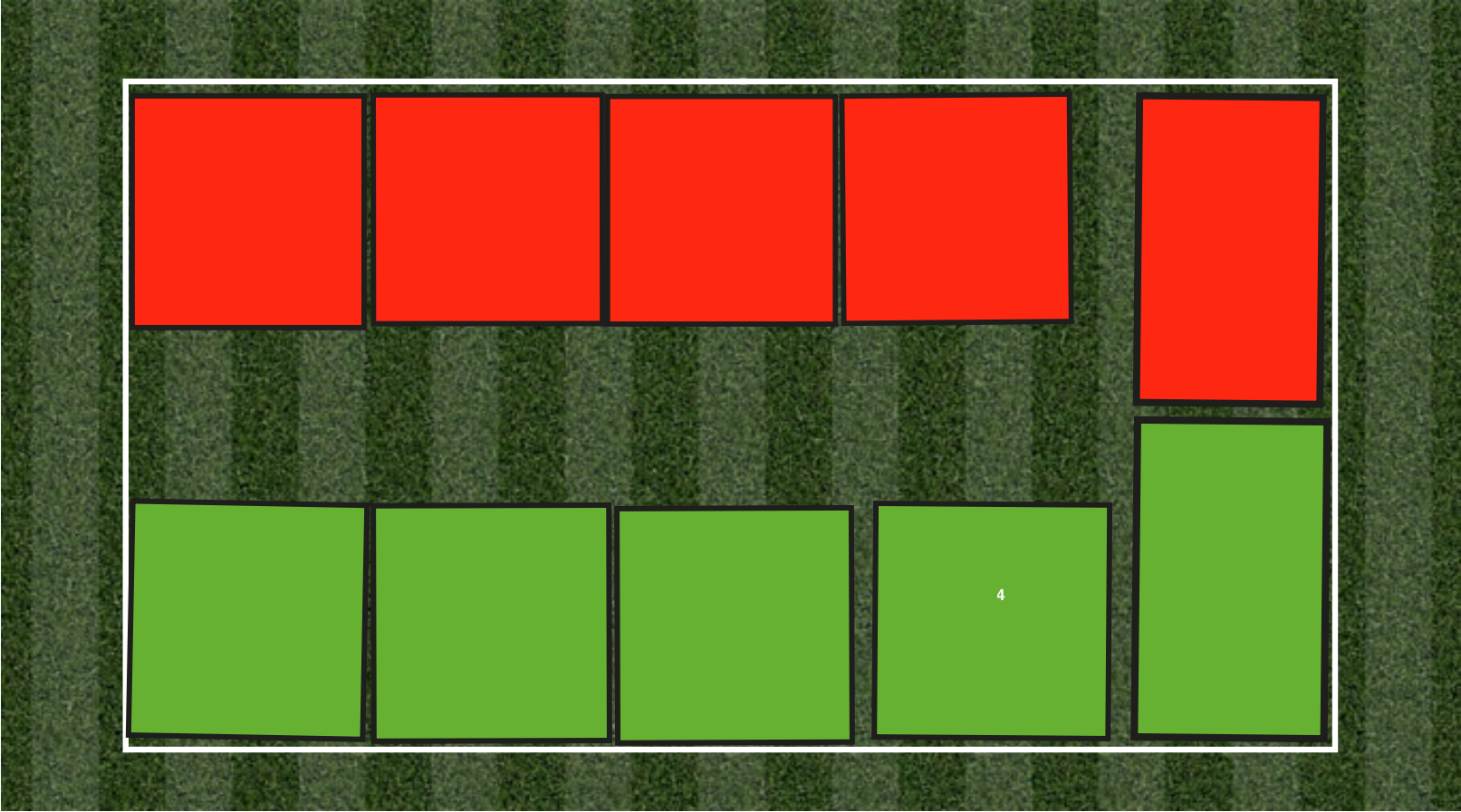
N/A

Psychological

N/A

Social

N/A



Coaching Point #1

Coaching Point #2

Coaching Point #3

Coaching Point #4