

Field Set Up

Category: Fun Games

Length: 01:30 Rec. Players: 120

Published: October 13, 2017 @ 13:54

Practice Theme/Topic

General Notes

- Green =younger group
- Red= older group
- 4 sessions plus a small sided game in the 5th block
- lead coaches stay at session as team moves through
- no more than 12 max per group

Aims & Objectives

N/A

Organisation & Setup

N/A

Coaching Factors & Outcomes

N/A

Adaptation & Progression

N/A

Technical

N/A

Physical

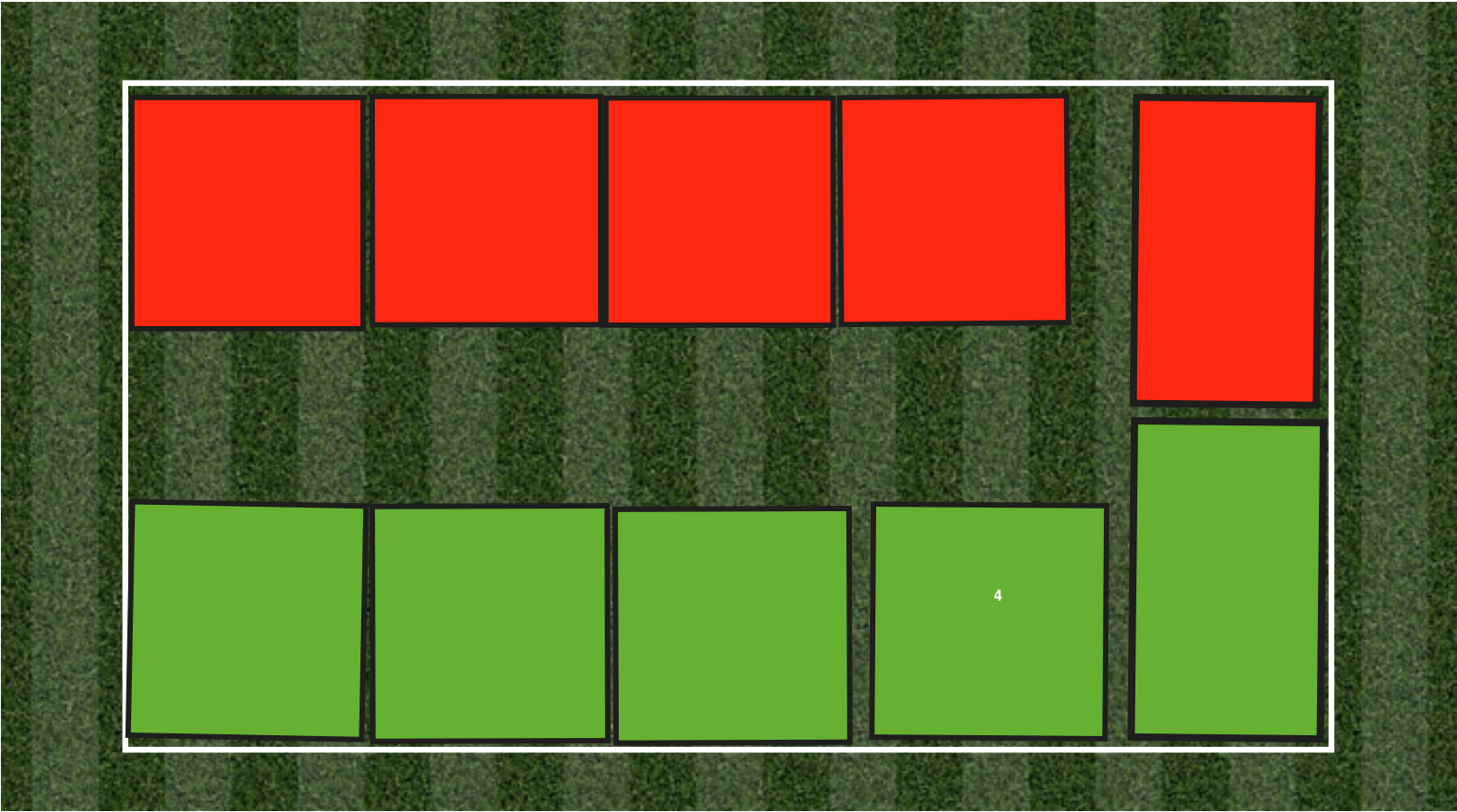
N/A

Psychological

N/A

Social

N/A



Coaching Point #1

Coaching Point #2

Coaching Point #3

Coaching Point #4

