

Jaime McDowell
CVUSC Biography

Jaime has lived with his wife in the Comox Valley since 2006. He is a physiotherapist and part owner of Coastal Physiotherapy and Sports Rehabilitation in Comox. His two children have grown up with CVUSC soccer.

Jaime has been serving as interim CVUSC Director of Development since October 2018. He is looking forward to continuing to help CVUSC's development programs in this role for the next 2 years.

As a coach, Jaime has experience coaching bambinos through U13 Select. He has coaching certification in Active Start, Fundamentals, Learn to Train and Soccer for Life. He has completed his Provincial B trained status to date. He has also completed his concussion awareness tool training.

Jaime is actively involved in organizing the Development Stream (DS) program. This year he has been coaching DS, U10B house, U13 Select and the U12-16 Development programs.

Since his involvement with the board, Jaime has continued to work on improving our DS program. He has helped co-ordinate a new free U12-16 Development program for CVUSC players with Upper Island Riptide coaches. This winter he also helped organize an education session for parents about the soccer pyramid on the island. Jaime has also been involved in the rigorous progress to bring in a paid technical director for the club. He would like to continue to work on organizing regular coaching clinics. CVUSC has begun to have more coordination with the Upper Island Riptide and the Vancouver Island Wave, and Jaime would like to continue to find more opportunities for collaboration with our Tier 2 and Tier 1 affiliates.

Through his soccer education and coaching experience, Jaime recognizes the importance of promoting a positive and inclusive environment, so all players, parents and coaches have a place to be a part of our soccer community. There are so many positive things happening at CVUSC right now and Jaime is looking forward to being a part of it.